

ZAHAROULA

Vlach, Greece

This dance comes from Veria in the border region between Thessaly and Macedonia in Greece. It is danced by the Vlach, a former nomadic people who speak a Latin-based language.

MUSIC:

FORMATION: Lines with leader at R, and hands joined in "V" pos.

STEPS: Twizzle: Step L to L as R heel (ball of ft still on floor) turns in. Can be done with opp ftwk.

METER: 2/4

PATTERN

Meas

INTRODUCTION:

DANCE:

- 1 Facing R of ctr -hop on L as R knee lifts fwd (ct 1); step R fwd (ct &); hop on R as L knee lifts fwd (ct 2); step L fwd (ct &).
Variation: During meas turn once CW with 2 step-hops.
- 2 Hop on 1- as R knee lifts fwd (ct 1); step R fwd (ct &); turning to face ctr - hop on R as L knee lifts fwd (ct 2); step L slightly to L (ct &).
- 3 Turning to face L of ctr - step R across L (ct 1); turning to face ctr - step L to L as R ft does twizzle (ct &); repeat for (meas 2-&).
- 4 Turning to face R of ctr - hop on L (ct 1)); step R to R (ct &); step L across R (ct 2); turning to face ctr - step R to R as L does twizzle (ct &).
- 5 Repeat meas 4, cts 2,& (LxR, R to R & twizzle) (cts 1,&); turning to face L of ctr - hop on R (ct 2); step L to L (ct &).
- 6 Repeat meas 3 (hop L, R fwd, hop R, L to L)

Repeat dance from beg to end of music.

Presented by Stephen Kotansky