

Strathspey

- 1-8 1st & 2nd C dance 4 hands across and back with L hands.  
9-12 1st C set and cast off 1 place. 2nd C move up.  
13-16 1st and 2nd C dance R and L across and back (1 step to each hand).

Reel

- 1-8 1st W dances figure of 8 round 2nd & 3rd M, while first M dances figure of 8 round 3rd and 2nd W. They finish facing corners.  
9-14 1st couple set to 1st corners, turning by the R on the 2nd pas de basque step to face partner across the dance. They set to each other, again turning by R to face 2nd corners. Set to 2nd corners and turn R to face each other up and down set.  
15-16 They turn by R with 2 pas de basque steps to own sides, 1 place down, clapping on the 1st beat of bar 15.