

## Carnaval de Lantz (Basque)

- Origin:** This dance is from the Basque region of southwest France. The Carnival of Lantz is a traditional festival which takes place in the days preceding Ash Wednesday, in the town of Lantz in the Pyrenees. At nightfall the town fills with residents representing different characters and staging the capture, trial and death of a mythical and evil bandit, representing the battle between good and evil, and this dance is done at the end of the re-enactment, to celebrate the death of the evil bandit.
- Formation:** Individual dancers in a circle, facing LOD (CCD), arms up about shoulder height
- Styling:** Movements should be lively! Raised arms provide rotational momentum during turns.
- Meter:** 2/4
- Introduction:** Let slow music go by for introduction, or walk slowly in a circle in LOD (CCW) during introductory music

### Figure 1:

- 1 Step forward on R (ct 1), step on ball of L in front of R with L heel turned slightly to R (ct &), step on R in place (ct 2)
- 2 Step back on L, leaving ball of R on floor and turning both heels diagonally L (ct 1), step back on R, leaving ball of L on floor and turning both heels diagonally to R (ct 2)
- 3 Step on L in place (ct 1), step on ball of R in front of L (ct &), step on L in place (ct 2)
- 4 Step diagonally back to R on R, turning body slightly to R (ct 1), step on L in place - rocking step (ct 2)
- 5 Turning one full turn CCW step RLR (ct 1 & 2)
- 6 Step diagonally back to L on L, turning body slightly to L (ct 1), step on R in place - rocking step (ct 2)
- 7-8 Repeat measures 5-7 with opposite footwork and in opposite direction CW
- 9-16 Repeat measures 1-8

### Figure II:

- 1 Step forward on R (ct 1), step on ball of L in front of R with L heel turned slightly to R (ct &), step on R in place (ct 2)
- 2 Step diagonally back to L on L, turning body slightly to L (ct 1), step on R in place - rocking step (ct 2)
- 3 Turning one full turn CW, step LRL (cts 1 & 2)
- 4 Step diagonally back to R on R, turning body slightly to R (ct 1), step on L in place - rocking step (ct 2)
- 5 Turning one full turn CCW step RLR (ct 1 & 2)
- 6 Repeat measure 2
- 7-8 Repeat measures 3-4
- 9-16 Repeat measures 1-8

Alternate figures I and II until music ends.

Learned from Marilyn Smith at June Camp, 2010  
Presented by Nina Lusteran at DCFF 2014