

AND SQUARE DANCES

CANADIAN LANCERS (ONTARIO)

Suggested music: Anything you like
Any intro, break or ending desired

Head couple bow and swing
Promenade halfway round the ring
Come up the center to place
And the side two couples fall in
All forward four and back
All Chassez to right and back
All four ladies single file around
the men
All four men single file around the
ladies
Head couple down the center, others
follow
Men to the right, ladies to the left
Form in lines of four
All forward and back
All swing partners to place
And all promenade home

MONTREAL BREAKTHROUGH (FRENCH CANADIAN)

Suggested music, whatever you like
Any intro, breaks or ending desired

Couple one go down the center
Cut through the set between 2 & 3
Go around that couple on your right
Right back home to place
Right and left four with the couple
you meet (#4)
The other two couples right and left too.

Same man, new girl, down the center
Cut to the left, around that couple
on your left
Right back home to place
Right and left four with the couple
you meet (#2)
The others right and left two (3 & 4)
Same man, new girl, down the center
Split the ring, lady goes right
Gent goes left around outside to place
1 & 3 half right and left
2 & 4 half right and left
1 & 3 half right and left home
2 & 4 half right and left home
All four ladies grand chain half way
Swing your partners all
Repeat entire dance for other couples
in turn.