

CACAK (Pronounced Chah-Chahk)  
(Serbian Folk Dance)

D-11

RECORD: Folkdancer MH 3022

TAUGHT BY: Jerry Joris Lindsay

FORMATION: Small lines of from 3 to 6 dancers scattered around the floor, but all facing center. W and M dance in separate lines. The M grasp neighbor's belt at each side nearest you, L arm in front of neighbor's R arm all down the line. End dancers tuck thumb of free hand in own belt. The W join hands in like manner.

- I
1. Step to R with R ft cross L ft behind R ft and step on it, step to R with R ft and cross L ft behind again.
  2. Step on R ft in place and hop on it.
  3. Step on L ft in place and hop on it.
  4. Stamp fwd on R ft and hop on it. (Lift L knee up as you lunge forward, but don't kick L ft out).
  5. Step back to original place with L ft.
  6. Step on R ft beside L ft.
  7. Step on L ft in place.
  8. Hop on L ft in place.
  9. Same as 4.
  10. Same as 5.
  11. Same as 6.
  12. Step LRL in place.

Cue all of above as follows:

Step, behind, step, behind	Step, step
Step, hop, step, hop	123
Step, Lunge	
Step, step, step, hop	
Step, lung	

- II
1. Facing diagonally LOD, do 2 two-steps beginning with R ft (RLR, LRL).
  2. Facing center do 3 threes in place, RLR, LRL, RLR.
  3. Step to L with L ft, cross R ft over L and step on it.
  4. Step in place LRL, RLR.
  5. Step to L with L ft, cross R ft over L and step on it.
  6. Step LRL in place.

Cue as follows:

- III
1. Hop on L ft, step to R with R ft (ball of foot), close with L ft.
  2. Repeat 1.
  3. Step on R ft and kick L fwd close to floor, step on L and Kick R in same manner, step on R and kick L.
  4. Hop on R ft, step to L with L ft (ball of ft), close with R ft.
  5. Step on L ft and kick R ft, step on R and kick L.
  6. Hop R, step to L with L ft (ball of ft) close with R ft.
  7. Step on L and kick R.

Cue above as follows:

- Hop, step-step
- Hop, step-step
- Step, kick, step, kick, step, kick
- Hop, step-step
- Step, kick, step, kick
- Hop, step-step
- Step-kick.

IV

1. Hop on L ft, step to R with R ft (ball of ft), close with L ft.
2. Repeat 1.
3. Step on R ft and turning slightly to R and bending body slightly stamp L ft slightly fwd and beside R ft, without taking weight on L ft.
4. Step L ft in place, facing center and straightening. Turning slightly to L and bending slightly, stamp R ft a bit fwd beside L ft without taking weight on R ft.
5. Same as 3 (step R ft, stamp L ft.)
6. Hop on R ft step to L with L ft (ball of ft), close with R ft.
7. Same as 4.
8. Same as 3.
9. Same as 6.
10. Same as 4.

Cue above as follows:

- Hop, Step-step
- Hop, step-step
- Step, stamp, step, stamp, step stamp
- Hop, step-step
- Step, stamp, step, stamp
- Hop, step-step
- Step, stamp.

V

NOTE: This verse is similar to No.1 but is elongated and follows half-way around the clock as follows:

1. Step to R with R ft cross L ft behind R ft step to R with R ft and cross L ft behind R ft again. (This is done at the point of 6:00 o'clock).
2. Step on R ft in place and hop on it. (Advancing twd 3:00 o'clock)
3. Step on L ft in place and hop on it. (Advancing twd 12:00 " )
4. At 12:00 stamp forward on R ft and hop on it. (Lift L knee up as you lunge forward.)
5. Back up directly toward 6:00 o'clock with a L,R,L, hop.
6. Cross R ft slightly behind L and hop on it.
7. Step to L with L ft, cross R foot in front and then three small steps in place LRL.

Cue above as follows:

- Step, behind, step, behind
- Step, hop, step, hop
- Step, lunge
- Back, 2,3, hop
- Behind, hop
- Step, cross
- 1, 2, 3.

NOTE

The leader of each line may call out any figure at any time just by number, but the dance is done very often with each verse repeated three times and then each one done once, ending with the first part of NO.1 repeated once more