

BYTE-REINLENDAR (bee-teh RYEn-lenn-dahr) - Norwegian mixer

Record: FAS 668; RCA LPM 9910

Formation: Couples in circle, not too far apart, W on M's right, inside hands joined at shoulder level. Begin on outside foot.

- 1 Woman takes her first schottische step in place, turning slightly back-to-back with ptr, while M takes his first schottische step moving fwd in LOD up to next woman,
- 2 with whom he joins inside hands, and continues fwd with a schottische step, slightly face-to-face.
- 3-4 Couple takes closed regular waltz hold (arms extended from shoulders) and dances 4 step-hops turning CW.

Dance continues by Man moving fwd again on next schottische sequence.

The schottische step in a Norwegian reinlendar is danced with a "springy" feeling, flexed knees, and freedom of motion, not stilted.

Miami Valley Folk Dancers  
Gordon E. Tracie Weekend  
Feb. 18-19, 1967

Dayton, Ohio