

BUCIMIS ("Boo-chee-meesh")

Bulgarian line dance from the town of Pazardzik, Thrace.

Record: Folkraft LP 26

Formation: In Thrace the dance is done as one long line of dancers, with the men clustered at the right and left ends, the women in the middle. American folk dancers find it a little easier to do in small lines, with men and women separated. Belt hold is used (grasp nearest part of neighbor's belt, R arm under, L arm over.)

Rhythm: The dance Bucimis is written in 15/16 time. A musician would write it out as follows:



For folk dance teaching purposes, however, it is best broken down into a pattern of "quick-quick-quick-quick-slow-quick-quick."

FIGURE I - "Basic Step, with Stamps"

REMINDER INSTRUCTIONS: 4 tiny crossed steps to R, beginning with Rft and stepping Lft behind on off-beat; step-hop on Rft and stamp L heel. Repeat to L with opposite footwork.

Meas. 1 Step R with Rft (quick); step Lft behind Rft (quick); repeat (quick-quick); step R with Rft (slow); hop on Rft (quick), raising L knee high and turning body 1/8 R; stamp L heel near R toe and straighten up (quick).

Meas. 2 Same as Meas. 1, but to the L with opposite footwork.

CUE WORDS FOR FIGURE I: Step-step-step-step-step-hop-stamp.

FIGURE II - "heel Taps"

REMINDER INSTRUCTIONS: 4 crossed steps R as in Fig. I; tap R heel diagonally R, then again straight forward; step on Rft in place. Repeat all to L with opposite ftwk.

Meas. 1 Step R with Rft (quick); step Lft behind Rft (quick); repeat (quick-quick); with weight on Lft, and L knee slightly bent, lean forward and tap R heel diagonally forward/right, with R knee straight (slow); tap R heel straight forward (quick); step onto Rft in place beside Lft (quick).

Meas. 2 Same as Meas. 1, but to the L with opposite footwork.

CUE WORDS FOR FIGURE II: Step-step-step-step-tap-tap-step.

FIGURE III - "Double Heel Taps"

REMINDER INSTRUCTIONS: 4 crossed steps R as in Figs. I & II; tap R heel twice and step on Rft exactly as in Fig. II; tap L heel fwd and step Lft in place; tap R heel forward and step Rft in place. Tap L heel diagonally forward/left, then straight forward, without weight, and pause.

Meas. 1 Exactly the same movements as Meas. 1 of Fig. II.

Meas. 2 Tap L heel straight forward, L knee kept straight (quick); step Lft beside Rft (quick); tap R heel straight forward (quick); step Rft beside Lft (quick); tap L heel diagonally forward/left (slow); tap L heel straight forward and pause, weight remains on right foot (quick-quick).

Meas. 3-4 Same movements as Meas. 1-2, but moving to the L with opposite footwork.

CUE WORDS FOR FIGURE III: Step-step-step-step-tap-tap-step, tap-step tap-step tap-tap.

SEQUENCE: The order and number of times each figure is performed depends on the whim of the leader. Twice through each figure is a comfortable amount (i.e., twice each way: R-L-R-L).

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MIAMI VALLEY FOLK DANCERS

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