

Columbus  
10/23/65

X BRUDER LUSTIG

RECORD: Imperial X6100 R.

FORMATION: Partners facing counterclockwise in Varsoviene position.

PART I: All start on Right foot and step Right, Left, Right, hop-Right moving slightly to the Right.  
 Then Left, Right, Left, hop-Left moving slightly to the Left.  
Repeat all of the above. (four schottische steps all together)  
 Partners separate and man moves to the center with one schottische step (changing feet as he does so - Left, Right, Left, hop-Left) while lady moves away from the center with one schottische step (Right, Left, Right, hop-Right).  
 Partners move together with one schottische step (man - R,L,R,hop-R) (lady L,R,L,hop-L) - remember to move forward for all of this too!  
 Man puts hands on lady's waist and both do four step-hops (man L-hop, R-hop, L-hop, R-hop - lady R-hop, L-hop, R-hop, L-hop).

PART II: When music changes shift arms to ballroom position and do two \* "lolloping" step-hops, then partners hold inside hands and balance away with two more step-hops. Repeat all of this.

Then do eight more "lolloping" step-hops in ballroom position.  
 Then repeat all of this (2 step-hops ballroom position, 2 step-hops balance away, 2 step-hops ballroom position, 2 step-hops balance away, 8 step-hops ballroom position).

Repeat the dance from the beginning.

\* Lollop - flop about; move or proceed in a lunging or ungainly way.

ELEGANCE AND SIMPLICITY

RECORD: Any good contra music

FORMATION: Contra - Couples 1, 4, 7, etc., active. Cross over before dance starts.

Right hand star half around with second couple.  
 Left hand star half around with third couple.  
 Half right and left with third couple.  
 Half right and left with second couple.  
 Down the center and back with partner.  
 Cast off, ladies chain.