

BRANLE NORMAND

(Brittany/Normandy – France)

Music: Folkraft 337-002B

Formation: Single circle, no partners. Hands joined at shoulder height, elbows bent.

Measures: Pattern

1-2 Circle Left with 4 walking steps

3 Bringing LEFT foot around to face center, hop twice on LEFT foot while leaning forward towards center, causing RIGHT leg to swing backward.

In place, hop twice on RIGHT foot while leaning backward, causing LEFT leg to swing forward.

4 Repeat meas 3

5-6 Circle LEFT with 4 walking steps

7-8 Repeat the action of measures 3-4

9 In place, hop sideward on LEFT foot, bring RIGHT foot below calf of LEFT leg and extend LEFT ARM to LEFT (all hands still joined), turn head to RIGHT.

Hop on RIGHT FOOT, bring LEFT FOOT below calf of RIGHT LEG and extend RIGHT ARM, turn head to LEFT.

10-12 Repeat the action of measure 9 three times.

Repeat entire dance from beginning.