

BRANDISWALZER

(Swiss Dance)

B-9

Record: MH 1113 - Folk Dancer

FORMATION: Couples in a double circle facing to the right around the ring.

ACTION: I. OPEN WALTZ

- Meas. 1-2 (Inside hands are joined at shoulder height, free hands on hips.) Both start with outside feet, one waltz step forward swinging joined hands forward. Another waltz step forward swinging hands back, dancers turning toward each other to follow their hands.
- Meas. 3-4 Release these hands and join the others with backs to line of direction; take two more waltz steps.
- Meas. 5-8 Four waltz steps in shoulder waist position (man's hands at lady's waist, lady's on his shoulders) turning cw.
- Meas. 9-16 Repeat all first figure.

II. SWING WALTZ

- Meas. 1-2 (Two hands hold facing each other) Step on man's L and lady's R bringing the other foot at right angles to it in a small swing at the same time swinging both arms forward. Repeat in other direction step swing.
- Meas. 3-4 Release hands and turn completely away from each other with two waltz steps, lady to R and man to L (free hands on hips).
- Meas. 5-8 Turn with four waltz steps in regular dance position.
- Meas. 9-16 Repeat all of second figure.

III. HOP WALTZ

- Meas. 17-18 (Open position holding inside hands above heads; lady grasping man's forefinger) beginning on outside foot step and hop swinging joined hands forward. Repeat on other foot swinging hands back.
- Meas. 19-20 With one more step-hop forward and one waltz step the lady turns cw under their joined hands while the man moves forward with the same steps.
- Meas. 21-24 Four turning waltz steps in shoulder waist position.
- Meas. 25-32 Repeat all of Figure III.

IV. SLING WALTZ

- Meas. 17-22 (Regular dance position joined hands slightly extended) Turn cw with six waltz steps. On meas. 6 the man places the lady's R hand in the middle of her back releases it at the same time grasping it with his R hand.
- Meas. 23-24 With two waltz steps the lady makes a complete turn away from the man to her right while he waltzes in place as he helps pull her around, releasing his hold on her right hand as she comes around to face him in a regular dance position again.
- Meas. 25-32 Repeat all of Figure IV, ending with inside hands joined, ready to begin dance again.