

BOURRÉE d'Auvergne

(Auvergne, France)

Bourrée from the Auvergne region of France. Learned from Patrice Sauret in France, summer 1994.

Cassette: LO DRAC/LE SOLEIL. Side Two, Band 1, "Son Davalats"

Formation: 2 couples in a quadrette

Rhythm: 3/4

Steps &

Styling: Smooth and gliding, knees slightly bent. Dancers may begin with either R or L ft. However, for teaching purposes, all steps will be described starting with the R ft.

Basic Pas de Bourrée (traveling fwd - Promenade step):

Step fwd on R ft (ct 1), step on L ft slightly fwd of R going up slightly on ball of L ft (ct 2), step on R ft slightly fwd (ct 3). Step alternates.

Man's Stamping Pattern (2 meas):

Stamp on R ft in place (cts 1-2), hop on R ft accenting the ct (ct 3), stamp on L ft, kicking L fwd from knee and low to ground (ct 1), hold (cts 2-3).

OR

Dance Basic Pas de Bourrée in place, accenting as follows:

Stamp on R ft (ct 1), step on ball of L ft next to R (ct 2), step on R next to L, accenting this beat (ct 3). Stamp on L ft (ct 1), step on ball of R ft next to L (ct 2), step on L ft next to R, no accent (ct 3).

Lateral Pas de Bourrée to Right:

Meas 1: Facing ctr and traveling to R, step on R ft to R (ct 1) step on L ft next to R and slightly in front (ct 2), step slightly sdwd to R on R ft (ct 3). Ct 1 is a bigger step to R than ct 3.

Meas 2: Still facing ctr and traveling to R, step on L ft crossing over in front of R (ct 1), step on R ft slightly to R (ct 2), step on L ft next to R and slightly in front (ct 3).

This step can be done for 4, 8 or 16 meas. During the last 2 meas of a series (i.e. meas 3-4, 7-8 or 15-16), the men can do the Man's Stamping Pattern and the women dance 2 Pas de Bourrée in place.

Lateral Pas de Bourrée to Left,

Meas 1: Facing ctr and traveling to L, step on R ft crossing over in front of L (ct 1), step on L ft to L (ct 2), step on R ft next to L and slightly in front (ct 3).

Meas 2: Step on L ft to L (ct 1), step on R ft next to L and slightly in front (ct 2), step slightly sdwd to L on L ft (ct 3)

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3 meas INTRODUCTION

MELODY A (16 meas). Dancers may choose from a number of possible figures:

Option #1: Promenade*

1-16 Facing CCW, dancers do 16 Basic Pas de Bourrée steps traveling CCW in a circle, arms held up about shoulder height with hands slightly forward, elbows bent. Men can do Man's Stamping Pattern on meas 15-16.

* Dancers can also do 8 Basic Pas de Bourrée steps traveling fwd, traveling CCW around the circle and 8 Basic Pas de Bourrée steps backing up along the circle (still facing LOD, but traveling back CW) with men doing Man's Stamping Pattern on meas 7-8 and meas 15-16.

* Dancers also have the option to do CW turns while dancing the Basic Pas de Bourrée step traveling fwd CCW around the circle.

Option #2: Moulin (the mill)

1-16 Facing CCW and holding the L wrist of the dancer in front with one's L hand (similar to a L hand star), dance 16 Basic Pas de Bourrée steps traveling CCW in a circle. Men can do Man's Stamping Pattern on meas 15-16.

Option #3: Rond*

1-16 Facing ctr and joining hands up in "W" position, dance Lateral Pas de Bourrée to the R, traveling CCW around the circle for 16 meas. Men can do Man's Stamping Pattern on meas 15-16.

* Dancers can also do Lateral Pas de Bourrée to the R (CCW around circle) for 8 meas and to the L (CW) for 8 meas. with the men doing Man's Stamping Pattern on meas 7-8 and meas 15-16.

MELODY B (16 meas) - Croisement

Important: The women cross first while the men dance 2 Basic Pas de Bourrée steps in place (meas 1-2). Then the men cross beginning their croisement on meas 3-4 of the melody. The croisement step is the same for men and women. The description below is described for women as far as the counting of measures is concerned.

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- 1-2 Dance 2 Basic Pas de Bourrée steps traveling fwd across the square, passing L shoulders with the opposite person (women cross with women, men with men).
- 3 Turn 1/2 turn CCW with Basic Pas de Bourrée step.
- 4 Dance 1 Basic Pas de Bourrée step in place.
- 5-8 Repeat meas 1-4 above, crossing back to original position.
- 9-16 Repeat meas 1-8 above.

Option #2: Lateral croisement

- 1-2 With R shldr to ctr, dance 2 Lateral Pas de Bourrée steps to R across the square, passing opposite person face to face (women cross with women, men with men)
- 3-4 Repeat meas 3-4 of Option #1.
- 5-8 Repeat meas 1-4 above, crossing back to original position,
- 9-16 Repeat meas 1-8 above.