

BOURRÉE À 2 TEMPS

France

The following was among the dances taught by members of the ensemble Le P'tit Blanc at a workshop following their music concert in Boulder, CO in the early 1980s.

The dance is in the Bourbonnais style.

Music: 2/4 meter. The tune is from band 6 side 2 of the cassette sold at the workshop. There is no introduction.

Formation: Couples in a circle

Progression: In and out of the circle and RLOD/CW around the dance space

Hold: Optional low hand hold

Steps: Avant-deux, bourée steps in and out of the circle
Running bourée/pas de Basque steps traveling CW around the circle
Begin L

Avant-deux – danced 4 times

Meas.	1			2		
DanceCounts	1	+	2	3	+	4
Rhythm	Q	Q	S	Q	Q	S
	L	R	L	R	L	R
	Moving	Into	Center	In place		
	3			4		
	L	R	L	R	L	R
	Moving	Out	From the center	In place		

Running bourée/pas de Basque steps, progressing CW, alternate facing partner, then corner.
Turn the way it is most comfortable.

Meas.	1			2		
DanceCounts	1	+	2	3	+	4
Rhythm	Q	Q	S	Q	Q	S
Men	L	R	L	R	L	R
M Facing	CW/RLOD					
W	L	R	L	R	L	R
W Facing	CCW/LOD					

Men begin traveling/dancing backwards, women forwards, in CW progression. Dance 2 measures facing partner, then turn and face corner for 2 measures continuing to the end of the phrase.

Dance Sequence:

Part 1: Avant-deux danced 4 times

Part 2: Running bourée/pas de Basque for 8 measures

Continue alternating between Part 1 and Part 2 until the music ends.