

## The Boston Waltz

Henry Sjöberg taught this waltz variant when he was touring America in 1985. The dance seems to have originated in Boston, and there is a style of waltzing where one steps only on one count each measure that is referred to as the Boston.. It was probably created by a dancing master and taught around the European continent and Scandinavia from which it has travelled back to America.

The dance has a rather elegant character that depicts its ballroom history.

Music - a special waltz melody played by Marianne Palm and Ingvar Andersson who toured with Sjöberg in 1985. A slow and stately waltz would probably work well also.

The Dance - Progresses CCW around the room

Position -couples facing LOD, M on the inside W outside, inside hands joined at shoulder level.

Begin outside feet

Each figure takes four measures of music

Figures:

1. Dance forward in LOD, stepping only on count 1 of each measure.
2. Left hand in left, dance four measures moving forward around a spot (= CCW), stepping only on count 1 of each meas.
3. Man grasps the woman's L hand with his R from above, then turns the woman CW. The woman makes one complete turn in 2 measures. M and W stepping only on count 1 of each meas.
4. Closed position waltz, use ballroom position. The man begins with his back to LOD. Use normal waltz steps, man begins stepping backwards with his L, woman forward with her R. Open out on the fourth measure preparing to begin the dance again

The dance repeats.