

English

BONNY BREAST KNOT

RECORD: TANZ EP 58203

FORMATION: Longways for as many as will: man facing woman.
Triple minor set but can be danced as a set dance.

A.1 & 3. First man leads partner between the two women, cast off and lead between the men, cast off and stand--first man between third couple and first woman between second couple, the two lines facing and taking hands.

B. Balance four times (stepping first on to the left foot) and then first couple turn into the middle place in the set (the line of men facing the line of women). Repeat balance.

A.1 & 2. First couple arm right and pass at once to right hand corner partner. Arm left with corner partner. Arm right with own partner again and arm left with left hand corner partner.

B. First couple lead down and back to the middle place.

THE TEMPEST (English version)

RECORD: TANZ EP 58203

FORMATION: Progressive Double Quadrille. Four couples in a set. Two couples facing two couples in sets down the length of the room, the lines of four being arranged across the room. On each end, the fours "remain neutral" for one turn of the dance. They then turn round and partners exchange places: those who have been "Outsides" become "Insides" and vice versa.

A.1 CIRCLE EIGHT. Join hands and circle left: 4 double steps, then circle back to places ("Polka" or double-step), with 4 double steps back.