

BOLANT-DANTZA

Navarre, Spain

Once a man's ritual dance, today it is also found socially, danced by both men and women. It is considered to be from the Valcarlos area of Northern Navarre, but is found in many places. This is a processional dance used to get from one part of town to another originally during the celebration of Carnival and St. James' Day.

Information above from Westwind International Folk Ensemble

Pronunciation: BOW-lahn DAHN-sah

Music: 2/4
Basque Dances CDWI-3334, band 8

Formation: Begin facing and progressing LOD/CCW around the dance space, or progressing from one place to another.

Dancers in a double column.
Instructions are given for the dancer on the outside, R side; inside dancer uses opposite footwork and turns the opposite direction.

Steps: Basic schottische steps, step hops, jumps and turns, toes turned out comfortably

Dance Steps and Sequence:

Part I: Danced four times

Meas.	Cts. 1	&	2	&	Additional information
1	R	L	R	hop	Traveling & facing LOD
2	L	R	L	Hop	Traveling & facing LOD
3	R back	Hop on R	L back	Hop on L	Moving RLOD, facing LOD
4	Bend on both	Begin jump	Land both ft.		In place

Part II: Danced two times

Meas.	Cts. 1	&	2	&	Additional information
1	R	L	R	hop	Facing and traveling LOD
2	L	R	L	Hop	Facing and traveling LOD
3	Leap to R		Leap to L		Make 1/4 CCW turn to face ptr.
4	Bend on both	Begin jump	Land both ft.		Facing ptr.
5	R	L	R	hop	Facing and traveling LOD
6	L	R	L	Hop	Facing and traveling LOD
7	R		L		Making 1 1/4 CCW turn to face ptr.
8	Bend on both	Begin jump	Land both ft.		Turn 1/4 CW to face LOD

Repeat the entire dance 2 more times.