

FORMATION: If there are enough girls, each boy may have two. Otherwise the dance may be done in couples. The girls make a circle hooking elbows, boys remaining about a yard behind own partners.

ACTION: I, The first time through the dance the girls do everything without the boys taking part. The fellows, in the meantime, pretend not to be interested in dancing, laugh at the girls and act like boys in general, just being sure to be standing directly behind own partners as the 2nd part of the dance begins.



1. With hooked elbows, girls circle L 8 running steps - back to R 8 steps - into the middle 4 steps - and out 4 steps. With 4 steps toward each other, two opposite sides of the circle come together, longways of the room starting. Then the other 2 sides, 4 steps toward each other and 4 back out. Release hands. Place on hips.
2. Beginning L, place heel forward-back to place, then R heel forward and back. Repeat.
3. Each girl placing L hand on hip, and holding skirt with R hand, turn twice around to R with 8 running steps.

II. The second time through the girls do
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the complete dance as above up to part 3 during which what they wanted all the time happens to them.

Boys:

1. With arms folded across chests (or hands in pockets) boys walk 8 steps around the circle to the R, starting with L foot. Turn back and walk 8 steps back to place and partners.
2. Beginning L, boys stamp foot 8 times, then stamp R foot 8 times.
3. Place L heel forward and back, then R, then repeat, this time clapping hands at the same time. Beginning L swing outstretched legs 8 times back and forth like a pendulum (either clapping hands, or keeping arms folded across chest).
4. Boys walk 4 small steps toward partners, put arms around their waists, as they place hand on his shoulder. With 2 counts he nods to the R partner, then to the L one. With 4 steps men return to place with partners. Then 4 steps back to the middle so that all may hook elbows in large circle.

III. All dance together as described for the girls -- that is, until reaching the "heeling" part, during which the entire circle gradually release elbows and take hands, at the same time moving back as they do the heel step. End with 8 gallop steps to the L.