

F-35

BO LAGALIL

Circle Dance

Translation: Come to the Galilee
Dance: Se'adya Amshi
Meter: 4/4
Formation: Circle in a simple hold, face center

<u>Measures</u>	<u>Counts</u>	<u>Description</u>
		<u>Part A</u>
1	1-4	4 running steps R,L,R,L
2	1-2	Step-hop R
	3	Hop R
	4	Leap L
3-8		Repeat meas. 1-2, 3 more times

(contid.)



BO LAGALIL (continued)

<u>Measures</u>	<u>Counts</u>	<u>Description</u>
		<u>Part B</u>
1-2	1-8	2 schottische steps R,L turning 1 full turn CW, end facing center
3-4	1-8	2 tcherkessia steps (R fwd), arms raise and lower
5-8		Repeat meas. 1-4, Part B
		<u>Part C</u>
1	1-2	1 two-step fwd R as arms swing high to R
	3-4	Repeat cts. 1-2, meas. 1, Part C, reverse footwork and directions
2	1-4	Repeat meas. 1, Part C
3-4	1-8	2 schottische steps bwd,R,L (arms and body come down on the steps and go up on the hop)
5	1	Cross R over L
	2	Step L back
	3-4	Step-hop in place
6	1-4	Repeat meas. 5, Part C, reverse footwork and directions