

## BLAYDON RACES

TYPE: English couple mixer.  
 FORMATION: Single circle of couples facing center.  
 MUSIC: Sheet: Community Dances Manual 5, p. 5  
           Record: HMV 7EG 8718; Capitol JB 2606  
 DIRECTIONS: Community Dances Manual 5, p. 4; jacket of Capitol Record

Measure

1-8 All forward and back twice.  
  
 9-16 In closed position dance two chassays in and two out, then repeat the chassays or dance four two-steps, turning clockwise, progressing around the floor.  
  
 1-8 Promenade. Men move to girl ahead at end of promenade.  
  
 9-16 Men join right hands with girl ahead and balance and swing with her, leaving her on the right to repeat the dance.