

THE BIRKS OF INVERMAY

(Scottish Strathspey)

Music: HNV C 4219

Bars:

- 1-4 First man and second woman turn each other with both hands and return to places.
- 5-8 First woman and second man do the same.
- 9-16 First, second, and third couples, with hands crossed in front, promenade.
- 17-24 First couple, giving right hands, cross over and cast off one place on opposite sides, lead up between second couple, cross over to own sides and cast off one place. Second couple move up.
- 25-32 First, second and third couples dance six hands round and back. Repeat, having passed a couple.

"Promenade"

With hands crossed in front - right in right and left in left - first couple followed by second and third couples dance out to right (bar 1) turn across the dance (bar 2) dance down men's side of set (bars 3,4,5) turn and dance up the middle to places (bars 6,7,8)