

BESEDA (Cont's)

PART 3: continued from previous page.

FURIANT...Do the Furiant chorus as described previously.

LADIES IN AND BACK: MEN VISIT: HEEL CLICKS AND POLKA ..

Ladies with hands on hips take 4 steps in and back. All the men move to their right with a quick nod to each lady they pass and stop to face opposite lady. All with hands on hips, step to right on right foot, point left toe. Step left, point right toe. Repeat the step-points again to right and left. Take a right hand hold and turn quickly in place clockwise with a walking step. Finish in ballroom position with hands pointing to center of set.

Click heels twice moving to center of set. Click heels twice moving away from center. Turn with 4 polka steps into next couple's position. Repeat the heel-clicking and polka steps again.

All the ladies go in and back again. The men visit around the inside of the set again. Face own partner, do the step-points and the right hand turn again. Do the heel-clicks and polka steps as before two more times and you will finish in home position. Note that the music increases with speed for each repeat in this figure.

PART 4:

STAR: CIRCLE: FIRST LADY'S FIGURE: FINALE....After the introduction, men make a left hand star and hold partner with right hand. All waltz forward and back twice in this formation. The men waltz in place as the ladies waltz-spin forward to next man (use 12 pivot or 4 waltz steps) and since there is ample time move slightly away from set and back to set during this part. Do this all three times more until all the ladies are back in home place. (GIRLS HAVE TENDENCY TO HOLD SKIRTS HERE....IT WILL SPOIL FIGURE SO AVOID IT.)

FURIANT...Do Furiant chorus as described previously.

FIRST LADY...will hook right elbow with own partner and run quickly around in place 8 counts. Run across to opposite man and turn him with left elbow. Run into center as the 4 men make a circle around her and run to the left 8 steps and to right 8 steps. First lady now circles with #2 couple to the left and pops under to #4 couple to circle 3 with them and then pops under to her own positions. (On the record this is done exceedingly fast so dancers will have to step lively). Also in the original Beseda, each lady had a chance to do this figure, but there is music only for the 1st lady in this record.

CIRCLE... to left and right with 8 slow walking steps.

In a side-by-side position, inside hands joined take 4 slow open position waltz steps forward. Do 4 more in closed ballroom position. In open position take 4 quick open waltz steps forward and stop cold on the 4th. Then turn very, very slowly in closed waltz position and finish with a slow twirl of lady under joined right hands.

Face partner, wait during interlude of music, then stamp 3 times. Wait, and clap 3 times. Shake right finger, shake left finger and strike right hands with partner as you turn once around to your own left. All finish dance by facing center of set and bowing.

NOTE: The tempo changes in last part are tricky...accustom yourself to the music.