

BESDOT BET-LECHEM

Israeli Couple Dance

Translation: In the Fields of Bethlehem
 Dance: Eliyahu Gamli'el
 Record: RR 30739 Meholeley ha carmel
 Basic Steps: Walk, Yemenite, Two-step
 Formation: Couples in a simple hold, W on M's R facing LOD, CCW
 Meter: 4/4
 Note: Steps are described for M, W do opposite.

<u>Measure</u>	<u>Counts</u>	<u>Description</u>
		<u>Part A</u> - simple hold
1	1-4	4 steps: L,R,L,R in LOD, at the end, end up facing partner and change hands
2	1-4	Yemenite step L, lift R at the end, join both hands
3	1-3	3 steps forward: R,L,R
	4	Brush L in front and behind R
4	1-2	2 steps back: L,R let go of M's L and W's R hands
	3	Step L to L with bent knee
	4	Step R to R with bent knee
5-8		Repeat meas. 1-4, Part A
		<u>Part B</u> - varsovienne position
1	1-4	2 fast two-steps: L,R in LOD
2	1-4	2 fast two steps: L,R in LOD while ladys turns CW without letting go of hands
3	1-4	4 steps: L,R,L,R turning individually CCW
4	1-4	4 steps: L,R,L,R turning with partner CW in a back basket hold (R shoulders adjacent)
5	1-4	M lets go of R hand and turns a complete turn CCW in 4 steps: L,R,L,R W lets go of L hand and turns half way in 4 steps to original place
6-10		Repeat meas. 1-5, Part B
		Note: At the end of meas. 10, end up in a simple hold to start again.