

BERESHIT BARA
(In the Beginning, Hashem Created)

Dance: Becca Rausch
 Music: E. Banai Meter: 2/4
 Formation: Circle.

PART I - Face center.

1-2 Sway R,L.
 3-6 R across L, L to L, R behind L, hold.
 7-8 L bwd, R in place.
 9-12 Slow L-tog-L fwd circling arms fwd.
 13-16 Slow turn to Rt. backwards out of circle with R,L and face center.
 17-18 Step and lean R to Rt. raising R arm to Rt and look up to Rt. and face CCW.
 19-20 Step and lean L to L, raising L arm to L.
 21-24 Yem. R turning to L to face CW.
 25-28 Rpt. 17-20 with opp. footwork extending arms down and looking down.
 29-32 Yem. L and face center.
 33-64 Rpt. Part I and end facing CCW.

PART II - Face CCW.

1-4 Fwd R,L,R, brush L fwd.
 5-8 Fwd L,R and face out, L to L, R behind L.
 9-16 Yem. L & R.
 17-20 L,R,L turning to L to face center.
 21-24 R fwd, L in place, close with R and hold.
 25-48 Rpt. Part II

PART III - Face center.

1-4 Sway R,L, step on R and lift raising L fwd bwd and raising arms fwd. Face CCW
 5-8 L fwd and face center, R to R, L behind.
 9-16 "Na'ale" Fwd to ctr. R,L,R and pivot on R to R to face out, out of circle L,R,L, hold.
 17-20 Full turn to Rt. out of circle with R,L,R (face out)
 21-24 Step L fwd with arms raised, hold, step back on R lowering arms.
 25-28 Yem. L bwd and pivot on L to L to face center.
 29-32 R fwd, L in place, close with R.

TRANSITION

1-8 Yem. R, Yem. L.
 9-12 R fwd, L in place, R bwd.
 13-16 L bwd, R in place, L fwd.

Repeat Dance

Repeat Part III

ENDING: Yem R, L, step fwd raising arms high.

Instructions notated by Honey Goldfein