

BAVARIAN OX DANCE  
(A Game)

MUSIC: Any polka time that begins slow, and increases in speed.

Get a circle of six to 8 men against another circle, or against a circle of competing girls. Have them hook elbow, or lock hands and then begin to practice this step:

Hop on left foot once  
on right foot twice  
on left foot three times

Continue, next time starting with right foot, and so on alternating, increasing speed until someone gets confused and drops out - then keep right on going to find the winners.