

## BAT SHISHIM (Girl of 60)

**Dance:** Chaim Shiryon

**Music:** Kobi Oshrat

**Words:** Didi Menusi

**Meter:** 4/4

**Formation:** Circle

**Translation:** 60 Years Old - Words in honor of Kibbutz Geva on it's 60th anniversary.

**Note:** **Bat Shishim Lemedina (adapted by Gadi Biton for the 60<sup>th</sup> anniversary of the State of Israel)**

PART I - Face CCW. Hands are free.

- 1-2 Two steps fwd R,L
- 3-4 Rock fwd R, back on L raising and lowering arms.
- 5-6 3/4 turn bwd to R on the line of the circle w/R,L and end facing center.
- 7-8 Step R behind L, L to L and face to L (CW)
- 9-12 Rpt. 1-4 in opp. direction. End facing center.
- 13-14 Turn to R w/2 steps R,L and join hands.
- 15-16 Step R to R, step L across R
- 17-20 Open mayim to R (begin w/R to R)
- 21-22 R to R, step L fwd to ctr.
- 23-24 Sway R,L
- 25-28 Mayim to L beg. w/R across L
- 29 Step R across L bending knees
- 30 Touch L toes to L and straighten knees.
- 31-32 Rpt. 29-30 w/opp. footwork.

PART II - Face CCW, with hands joined.

- 1-4 Two step-tog-steps fwd w/R & L. End facing center.
- 5-6 Step R to R, step L behind R
- 7-8 Step R to R, Step L to L and face R.
- 9-10 Step R fwd, step L fwd and pivot on L making 1/2 turn to L to face CW.
- 11-12 Two steps bwd R,L
- 13-14 Step-tog-step bwd w/R
- 15-18 Yem. L bwd and touch R heel fwd.

PART III - Face CW. Hands are free.

- 1-2 Step R to R (twd center), step L behind R
- 3-4 Step R to R with a wide step bending the knee, touch L toes next to R
- 5-6 3/4 turn to L twd the line of the circle with L,R and face center.
- 7-8 Step L bwd w/bent knees, close R to L and straighten knees.
- 9 Step L across R bending knees.
- 10 Step R to R on toes, straightening knees.
- 11 Step R across L bending knees and face R (CCW)
- 12 Step L to L (twd ctr)
- 13-14 Rock bwd on R, fwd on L
- 15-16 Step R to R, step L to L pivoting 1/2 turn on L to L to face CW.
- 17-32 Rpt. 1-16

ENDING - Face CCW with hands joined.

- 1-4 Three steps fwd R,L,R and raise L knee.
- 5-8 Yem. L bwd.
- 9-10 Close R to L and face center. Hold.

HGP122093-KL(YM33)

Translated by Honey Goldfein-Perry

Continued next page.....

After the dance is completed once through...

Face to front of room.

- 1-4 R to R, L behind R, R to R.
- 5-8 Rpt. 1-4 with opp. footwork.
- 9-12 Bwd. R,L,R, touch with L.
- 13-14 Step L fwd, touch with R.
- 15-16 Step R fwd, touch with L.
- 17-18 Step L and pivot to L to face to L of room.
- 19-22 R to R, L behind, R to R (moving twd front of room), touch L next to R.
- 22-26 L to L, R behind L, L to L, touch R next to L.
- 27-30 Bwd R,L,R, touch with L and face front.
- 31-32 R to R, touch L next to R.
- 33-34 L to L, touch R next to L.
- 35-35 Step R to R and face back of room, touch L next to R.  
Repeat cts. 1-32

Resume original dance.