

BAROIGES TANZ (ANGRY DANCE)
A Jewish dance (OFTEN DANCED AT JEWISH WEDDING PARTIES)
Record FOLK DANCER MH 1090
Part of the MH folk dance record series
directed by Michael Herman

Baroiges Tanz

B-17

FORMATION: A group of four couples in a square is best, although the dance may certainly be done with three or five or even more couples. Ladies stand to the LEFT of the men in this dance. Free hands are either on the skirts for the ladies or in clenched fist behind back for men.

PART 1: Couples face counterclockwise, Lady to Left of Man. Lady holds skirt, Men has hand behind back, both join inside hands. All walk forward starting on Right foot, three steps, R,L,R. Swing Left foot forward with a straight knee as you slightly bend Right knee. Move forward again, L,R,L, swing Right foot forward. Continue in this manner to make 8 times in all.

PART 2: Face partner. Girls have both hands on skirts. Men clench fists behind their own backs. Step to own Right, with 3 steps, Right, Left, Right. Stamp Left foot. Step to own Left, 3 steps, Left, Right, Left. Stamp Right foot. Turn slowly once around to own RIGHT in place with 4 slow steps, Right, Left, Right, Left. (DO NOT TAKE WEIGHT ON L AT END)

Step to Own Left, 3 steps, L,R,L. Stamp Right. Stamp Left. Step to Own Right, 3 steps, R,L,R. Turn slowly to Left once around with 4 slow steps, L,R,L,R. (DO NOT TAKE WEIGHT ON R AT END)

PART 3: Ladies form a left hand star. If a handkerchief is available hold one corner of ONE handkerchief in the middle rather than hands. Girls move around the inside of the set with the step used in Part 1, as the men dance in place with a sideways step-together-step stamp To Right and to the Left.

PART 4: Face partner and join Right hands. Balance forward by walking forward 3 short steps, R,L,R, stamp on Left foot. Balance backward, L,R,L, stamp on Right. Change places with partner, taking 4 slow walking steps, R,L,R,L. Balance forward and back again as before but this time INSTEAD OF CHANGING PLACES, drop hands turn individually to own Right. 4 slow steps, R,L,R,L. This leaves the men in middle of set.

PART 5: Men make a Left hand star and go around the inside of the set with the step used in Part 1, as the girls do the sideways step-together-step stamp in place to Right and Left.

PART 6: Join Right hands again and balance forward and back and change places as in Part 4. This concludes the dance. However the dance is repeated on the record so the dance is done twice. For skilled groups you may want to add this finish at the end of Part 6. At the very end, after the balance forward and back the second time, instead of changing places, couples take very short steps forward to finish in Right hip position, Joined Right hands overhead, upper arms touching to make a "window" and couples look through window for a pause, and pose.

Encourage singing during the dance..la,la,la. Stature should be erect, proud. The step when done properly is very pleasing to the eye.

Dance directions from: FOLK DANCE HOUSE, 108 W 16 Street, New York City-11
Watkins 9-0644. Serving the folk dance public since 1940. Send for catalogs
and bulletins of activities.