

BANNIELOU LAMBAOL - French circle dance. Formation, circle or open circle  
ldr at left. Hands held at shldr level. Pinky hold. Face ctr. Meter: 4/4

MEAS      PATTERN      SIDE STEP TO L - CLOSE R TO L.

1. Step on L to L, flexing knees slightly before step (1). Close R to L (2). Hand action for cts 1 and 2. Make complete CW circle with hands. Action for cts 1,2 constitute side close step. Repeat side close step action meas 1, cts 1, 2 (3, 4)
2. Repeat meas 1, cts 1-4. Two side close steps.  
PART II - POINT ACTION, SIDE CLOSE STEP.
3. Extend R fwd, touch R toe, pushing hands straight fwd from shldrs (1). Pull R back to L, touch action, no weight. At same time, pull hands back to shldrs (&). Extend R fwd again, touching toe, extending hands (2). Close R to L, stepping on R, bringing hands back to shldrs (&). Repeat action of step close step, meas 1, cts 1,2. (3,4).
4. Repeat action of meas 3, cts 1-4.

-----  
Slight retard in music, dance begins again.  
-----