

BAL DE JUGON

This dance from upper-Brittany also is very popular in other areas of France. First presented by Germain and Louisa Helert.

FORMATION: Circle of couples, Varsouvienne position in line of direction.

Measure: Pattern

3 Meas. Introduction

Figure I - Heel and Toe

A 1 Both start left, weight on right foot, heel and toe.

2 With 3 steps (L-R-L) each partner makes a half turn to the right (CW) to face RLOD. Do not release hands. Man now to the right of Girl.

3-4 Repeat action of meas. 1-2 with opposite footwork. Turn to L (CCW).

5-16 Repeat the above measures 3 more times.

Figure II - Promenade

B 1-14 Dance 14 Two-Steps, moving in LOD, beginning Left.

(Step forward on L, bring R to left, step forward on the left. Step R, bring L to R and forward on the L, repeat)