

BAILE DA CAMACHA

Portuguese couple dance from Madeira, Portugal.

FORMATION: 4 to 6 couples arranged in contra-dance position, a line of M facing a line of W.

STYLE: Shoulders relaxed, arms swing with the movement of the body, fingers snapping to accent the beat of the music. Elbows bent and hands held shoulder height.

STEPS: A step-hop on the flat of the foot is used throughout. On the hop the bent knee and foot are lifted under the body, the sole of the ft. is always twd. the floor. Both M & W begin R ft.

MUSIC: National Records N-4003 (45 rpm) 2/4

NO INTRODUCTION.

Measure

FIG. 1 FOUR HAND STAR

1-8 Starting at the head of the set 2 cpls form a R hand star without joining hands. L hand is at shoulder height snapping fingers. If there is an odd cpl at the ft of the set, they dance together following all directions for a 4 hand star.

Dancers dance 16 step-hops CW

9-16 Dance 16 step-hops CCW in L hand star.

CHORUS

1 Both M & W back away from ptn. with 2 step-hops.

2 Both move twd ptn with 2 step-hops.

3-4 With wt. on L, point R toe and tap it 4 times. (R toe of M & W are almost side by side).

5-8 Rpt. meas. 1-4 of CHORUS.

FIG. 2 WOMAN TURNS & CROSS HAND TURN

1-2 Ptns join R hands and W turn CW under joined hands with 4 step-hops, back of L hand on hip, while M does 4 step-hops in place.

3-4 With both hands on hips W turn CW in place with 4 step-hops while M does 4 step-hops in place.

5-8 With both arms at shoulder height ptrs circle each other CW with 8 step-hops. (With 4 step-hops ptrs have changed places, continually facing each other. With 4 more they return to place).

(Continued)

BAILE DA CAMACHA (Cont.)

- 9-12 Ptrs join both hands crossed, R with R over L with L. Keep elbows level with wrists and sway together as cpls turn CW once in place with 8 step-hops.
- 13-15 Rpt. meas. 5-7 FIG. 2 except that ptrs change places with 3 step-hops and return to place with 3 step-hops.
- 16 Both M & W individually turn CW in place with 2 step-hops.
- 17-24 Rpt. action of meas. 1-8 of CHORUS.

FIG. 3 SMALL CIRCLES

- 1-2 M make a circle, W make a separate circle. To form the circles the first and last dancer move twd each other; ctr dancers move bwd away from the line.
- 3-12 Place hands on neighbor's shldr and circle CW 3 or 4 times.
- 13-16 Break the circle and return to original places.
- The entire figure is danced with 32 step-hops.

CHORUS WITH CROSS OVER

- 1-2 Ptrs change places with 3 step-hops circling each other CW, approach each other with 1 step-hop.
- 3-4 Rpt. action of meas. 3-4 of original CHORUS.
- 5-8 Rpt. action of meas. 1-4 of CHORUS WITH CROSS OVER.

FIG. 4 WOMAN TURNS & CROSS HAND TURN

- 1-16 Rpt. meas. 1-16 FIG. 2
- 17-24 Rpt. meas. 1-8 of original CHORUS

FIG. 5 LARGE CIRCLE

- 1-8 Lines of M & W approach each other. M turn to face same direction as W and slip into single line with his ptn on his R. Ends close in to form a circle and all dance CW with 16 step-hops.
- 9-16 Reverse direction dancing 16 step-hops CCW, M pursuing W who turns at will either CW or CCW flirtatiously. Snap fingers throughout.
- 17-24 Rpt. meas. 1-8 of original CHORUS except that all dancers move bwd away from ctr of circle. (Ptrs are not facing each other)
- Dance ends with all R toes tapping twd ctr of circle.

Presented by Bea Montross

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