

# AYUMA BEHAR HAMOR

## (Ayuma on the mountain of Mor)

Dance: Amnon Shauli

Music: Avner Gedassi      Meter: 6/8 Each ct.=3/8

Formation: Circle facing center. Join pinkies at shoulder height.

### PART I

- 1-2 Yem. R
- 3 Step-bend L fwd and slightly across R.
- 4 Step-bend R fwd and slightly across L.
- 5-6 Step-tog-step bwd w/L
- 7-8 Yem. R.
- 9-16 Rpt. 1-8 w/opp. footwork.

### PART II

- 1-2 Yem. R and pivot on R to face CCW.
- 3-4 Step-tog-step fwd /wL.
- 5-8 Rpt. 1-4
- 9-10 Release hands. Two bending steps fwd (zig-zag) w/R and L. Hands are held opp. chest and turn to R & L with the steps.
- 11 Step R fwd w/bent knee and turn to L straightening the knee (large step)
- 12 Step L to L w/bent knee and continue turning to L while straightening knee to face out of circle.
- 13-16 Rpt. 9-12 moving out of circle.

### PART III - Release hands.

- 1 Rock R bwd, L fwd.
- 2 Step r fwd and leap onto L fwd.
- 3-4 Rock R fwd, L bwd, close R to L, hold.
- 5-6 Yem. L.
- 7-8 Turn bwd to R twd the line of the circle w/R,L with wide steps.
- 9-16 Rpt. 1-8.

Instructions translated by Honey Goldfein