

ATMA TÜRKÜSÜ

(Artvin-Turkey)

This is done by Hemşin people.

Rhythm: 4/4

Formation: “V” hold, mixed line or open circle

Meas Fig 1

1 Facing ctr, Heavy step on R to R (ct 1); Close L to R (ct 2); Repeat cts 1, 2 (cts 3, 4)

Fig 2

1 Facing CCW, Step on R, L, R fwd (cts 1, 2, 3); Slight kick L fwd (ct 4)

2 Repeat Meas 1 with opp ft bkwd (cts 1, 2, 3, 4)

Fig 3

1-2 Repeat Fig 2, Meas 1-2 but clap hands 3 times on cts 1, 2, 3

Fig 4

1 Repeat Fig 1 but more bouncy

Fig 5

1 Facing ctr, Step on R to R (ct 1); Step on L to L (ct 2); Step on R in front of L (ct 3);
Step L to L (ct 4); arms move circle motion from front down

Fig 6

1 Repeat Fig 2 but jumpier and ct 3 slight jump on both, kick L fwd (ct 4)

Fig 7

1 Facing CCW, Running steps on R, swing arms fwd (ct 1); L, arms bkwd (ct 2);
R, arms fwd (ct 3); Hop on R, arms up high and face CW (ct 4)

2 Step on L fwd at the same time close R next to L (ct 1); Repeat ct 1 with opp Ft (ct 2);
Repeat ct 1 (ct 3) and arms in “W”; Hop on L, arms down and face CCW (ct 4)

Presented by Ahmet Lüleci