

AT ADAMA
Israel

TRANSLATION: You are the earth

PRONUNCIATION: AHT ah-dah-MAH

CHOREOGRAPHER: Shmulik Gov'ari

MUSIC:

FORMATION: Lines with hands joined in "V" pos.

METER: 4/4

PATTERN

Meas Cts

INTRODUCTION: Beg with vocal

- PART I: (Face LOD)
- 1 1-2 Step R-L fwd.
 3,&,4 Two-step R fwd (R,close,R).
- 2 1-2 Step L-R fwd.
 3 Point L twd ctr while turning to face ctr.
 4 Close L to R.
- 3 1 Step R fwd.
 2 Chug R fwd.
 3&4 Yemenite L bkwd, fast.
- 4-6 Repeat meas 1-3.
- PART II:
- 1 1-2 Step R-L fwd, in LOD.
 3 Step R to R, face ctr.
 4 Step L behind R.
- 2 1-4 Yemenite R-L (fast) (cts 1&2, 3&4).
- 3 1 Stamp R diag L fwd.
 2 Stamp R diag R fwd.
 3 Stamp R diag L fwd, no wt.
 NOTE: There is no 4 ct.
- 4-6 Repeat meas 1-3.
- 7 1-4 Repat meas 3, Part I (R fwd, chug R fwd, Yem L bkwd)
- 8 1 Step R to R.
 2 Step L next to R.
 NOTE: This meas has only 2 cts.

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- PART III: (Face ctr)
- 1 1 Leap R to R bending R knee as L heel touches and extends L.
 2 Step L behind R.
 &-3 Step R to R; step L across R.
 4 Repeat cts 1-3, meas 1.
- 2 1-2
 3 Brush R fwd.
 4 Step R fwd.
- 3 1 Chug R fwd.
 2-4 Yemenite L bkwd.
- 4-6 Repeat meas 1-3, once more (2 in all).
 Repeat dance from beg, then Part II, meas 3, ct 1.

Presented by Ya'akov Eden