

**Ardelean**  
**(Romanian, Transylvanian)**

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**Translation:** Transylvania

**Dance Source:** Mihai David

**Music Source:** London LP-SW-99456 (Music from Romania), Mihai David Tape (Romania, Romania)

**Positions:** "T" Position

**Footwork:** All patterns begin with a step on the R ft

**Meter:** 2/4, 1&-2&

**Pronunciation:** are-dell-eh-yahn

**Background:** Learned from Mihai David at a special workshop in the late 1960s in Ann Arbor, MI

**Steps:** Bouncing Step, Long and Short Traveling Steps

**PATTERNS**

**Bounce Step (2-Measures)**

Measure	Count	Movement
1	1	Step R ft to R
	&	Hold
	2&	Bring L ft next to R and bounce twice on heels
2	1	Step L ft to L
	&	Hold
	2&	Bring R ft next to L and bounce twice on heels

**Cues:** (1) Right-Bounce-Bounce, (2) Left-Bounce-Bounce

**Short Traveling Step (4-Measures)**

Measure	Count	Movement
1	1	Step R ft moving to R
	&	Hop on R ft
	2	Step on L ft moving fwd and slightly to L
	&	Step R ft across L moving to L
2	1	Step L ft moving to L
	&	Stamp R across L ft
	2	Step L ft moving to L
3	&	Stamp R across L ft
	1	Step on L ft stepping slightly back
	&	Hop on L ft moving to the R
4	2	Step R ft to R
	&	Step L ft across R ft
	1	Step R ft to R moving to R (run)
	&	Step L ft to R moving to R (run)
	2	Step R ft to R Moving to R (run)
&	Small Jump on both feet	

**Cues:** (1) Right-Hop-Step-Step, (2) Left-Stamp-Left-Stamp, (3) Left-Hop-Step-Step, (4) Run-Run-Run-Jump

Original Notes by Paul Collins with the assistance of Mihai David  
Edited and updated by Paul Collins – DCFF 2012

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**Long Traveling Step (6-Measures)**

<b>Measure</b>	<b>Count</b>	<b>Movement</b>
1	1	Step R ft moving to R
	&	Hop on R ft
2	2	Step on L ft moving fwd and slightly to L
	&	Step R ft across L moving to L
	1	Step L ft moving to L
	&	Stamp R across L ft
3	2	Step L ft moving to L
	&	Stamp R across L ft
	1	Step L ft moving to L
	&	Stamp R across L ft
4	2	Step L ft moving to L
	&	Stamp R across L ft
	1	Step L ft moving to L
	&	Stamp R across L ft
5	2	Step L ft moving to L
	&	Stamp R across L ft
	1	Step on L ft stepping slightly back
	&	Hop on L ft moving to the R
6	2	Step R ft to R
	&	Step L ft across R ft
	1	Step R ft to R moving to R (run)
	&	Step L ft to R moving to R (run)
	2	Step R ft to R Moving to R (run)
	&	Small Jump on both feet

**Cues:** (1) Right-Hop-Step-Step, (2) Left-Stamp-Left-Stamp, (3) Left-Stamp-Left-Behind, (4) Left-Stamp-Left-Stamp, (5) Left-Hop-Step-Step, (6) Run-Run-Run-Jump

**SEQUENCE OF STEPS**

<b>Measure</b>	<b>Movement</b>
1-2	1 Bounce Step (R & L)
4-6	1 Short Traveling Step
7-12	1 Long Traveling Step
13-16	1 Short Traveling Step
17-32	Repeat Entire Dance Sequence
33-48	Repeat Entire Dance Sequence
49-50	1 Bounce Step (R & L)
51	1/2 Bounce Step (R only)