

Origin: Macedonian

Recording: Festival Records FM-4001

Formation: Line formation with arms on next person's shoulders. Weight is on the Right Foot (RF) to start Fig. I.

(Note: Fig. II-VI start with weight on the Left Foot (LF).)

(Note: Rhythm is generally slow, quick, quick)

FIGURE I

Measure Count

- | | | |
|---|---|--|
| 1 | 1 | Brush LF sideways so it ends up in front of RF. |
| | 2 | Hop on RF. |
| | & | Step on LF in front of RF. |
| 2 | 1 | Step on RF to right slightly back. |
| | 2 | Step on LF next to RF. |
| | & | Step on RF in place. |
| 3 | 1 | Jump down on both feet together. |
| | 2 | Hop on LF while swinging RF around towards the back. |
| | & | Step on RF behind LF. |
| 4 | 1 | Step on LF to left, |
| | & | pause |
| | 2 | Step forward on RF slightly in front of LF (sharply) |
| | & | pause |

FIGURE II

(Note on transition - to go from Fig. I to Fig. II start Fig. II in Meas. 4 after doing Meas. 3 of Fig. I)

Measure Count

- | | | |
|---|---|--|
| 1 | 1 | Step on RF towards the right front. |
| | 2 | Hop on RF |
| | & | Step on LF in front of RF. |
| 2 | | (Same as Fig. I, Meas. 2) |
| 3 | | (Same as Fig. I, Meas. 3) |
| 4 | 1 | Step on LF to left while lifting RF behind left calf |
| | & | pause |
| | 2 | Step on RF to right while lifting LF behind right calf |
| | & | pause |
| 5 | 1 | Step on LF to left |
| | 2 | Step on RF next to left |
| | & | Step on LF in place. |

FIGURE III

(Measures 1-5 are the same as in Fig. II.)

Measure Count

- | | | |
|---|---|---|
| 6 | 1 | Hop on LF while touching Right heel to right front, |
| | & | pause |
| | 2 | Hop on LF while crossing RF in front of left ankle, |
| | & | pause. |

FIGURE IV

(Same as Fig. III except Meas. 4 is replaced by:)

Measure Count

4	1	Step on LF to left
	&	Stamp RF next to LF
	2	Step on RF to right
	&	Stamp LF next to RF.

FIGURE V

(Same as Fig. III except Meas. 1 is done twice for a total of 7 meas. in this figure.)

FIGURE VI

(Same as Fig. IV except Meas. 1 is done twice for a total of 7 meas. in this Figure.)

The Dance

The leader could call the figures or a pattern could be set up in advance.

(Note: Transition to Fig. I should start by doing Meas. 4 of Fig. I immediately after Meas. 4 of Fig. II-IV or Meas. 5 of Fig. V-VI.)