



Aptalikos (continued)

Direction	Measure	Step
	2	Begin using the footwork of the Basic Step to complete two full CCW walking turns or circles taking up the 9 counts. Because this involves no longer facing center, the L foot no longer crosses in front of or behind the R, but simply follows the path of the circles as a walk. During the first two pauses, the weight is on the L, leaving the R foot free to be flicked up laterally to the R side and slapped there by the R hand. This last move is an optional flourish. Each turn takes up about half the measure.
		<u>Squat and Turn</u>
→	1	Counts 1-5 are the same as in the Basic Step.
⊥		Then jump into a full squat on the balls of both feet (ct. 6), during the pause, begin rising from the squat (ct. 7), jump onto both feet standing (ct. 8), leap onto R foot, throwing L foot up in front of R leg or knee (ct. 9).
	2	Repeat Measure 2 of <u>Into the Center and Turn</u> .
		<u>Kneels</u>
⊥	1	Kneel on R knee facing L (ct. 1), pause (ct. 2), rise from kneeling with a tiny leap onto R to R side (ct. 3), step on L across in front of R (ct. 4), flick R foot up to slap its lateral side with R hand (ct. 5), small leap onto R to R side (ct. 6), touch L toe behind R (ct. 7), brush L foot forward and up in front while clapping hands (ct. 8), hop on R while slapping L foot or leg with L hand (ct. 9).
→		
	2	Begin one CCW turn by stepping L (ct. 1), pause (ct. 2), and stepping R (ct. 3). Then finish the turn by stepping L
⊥		to L side and kneeling on R (ct. 4), rise a bit from kneeling (ct. 5), kneel again in the same position (ct. 6), rise (ct. 7), kneel on L knee facing R (ct. 8), rise (ct. 9).

dance notes by Erik Bendix