

## APLEY HOUSE

Longways for as many as will  
Running-step throughout the dance

### DUPLE MINOR-SET

- A     1-4     First and second men take hands, fall back a double and, releasing hands, move forward a double to places, turning single as they do so.  
       5-8     First and second women do the same.
- B     1-2     First and second couples right-hands-across half-way round.  
       3-4     All turn single.  
       5-8     Second woman, followed by first woman, and second man, followed by first man, cast down and form a line, four abreast, facing up, the first man and first woman on the outside.
- C     1-4     Taking hands, all four move forward a double and fall back a double, the first couple falling into the first place (improper) and the second couple into the second place (improper).  
       5-8     First man and first woman cast down into the second place, cross over and change places; while the second man and second woman lead up into the first place, cross over and change places (progressive).