

APAT APAT - Philippine Couple Mixer

Notated by: Kenneth Spear, as danced at the Folk Dance Center in Queens.

Record: Mico MX 626 - 45 rpm. Song is called Pagtatanim. Dance is Apat Apat (Four by Four).  
Dance introduced in America by: Mrs. Francisca Aquino, Philippine Folk Dance Authority.

Formation: Couples in a circle, facing CCW. Inside hands joined, man on inside.

Music: 4/4 meter. FOOTWORK: Both use same footwork, Each part begins with the Right foot.

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Introduction - 4 measures - 16 counts.

DANCE PATTERN

Meas	Count	Pattern
1	1-4	Four walking steps fwd (CCW), starting with right foot.
2	5-8	Drop hands, do solo 1/2 turn CW to end facing CW, and take 4 steps fwd in CW direction, back to original places.
3	9-12	Solo 1/4 turn to face partner, back away 4 steps, man moving to center of hall, lady to wall.
4	13-16	Four steps fwd to partners.
5	17-20	Pivot to face to own right, take four steps fwd away from partner; men moving CW, girls moving CCW.
6	21-24	Take 4 steps, backing up to meet partner.
7	25-28	Face partner, take right hands and walk CW around each other 4 steps.
8	29-32	Release partner's hand, Men move CCW to meet the next partner with 4 steps. Girls do 4 step solo turn CW on the spot, while waiting for new partners.

DANCE BEGINS AGAIN -----

Music is pleasant. Dance is easy. Most folks enjoy both.

Record is available at \$ 1.25 from: Folk Dance Center Record Service. Add 25¢ for postage.

FOLK DANCE CENTER RECORD SERVICE  
56-40 187 ST., FLUSHING, N. Y. 11365

KENNETH SPEAR  
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THE SKATE - AMERICAN Novelty Dance - Composed by the Nashes of NYC.

Notated by: Kenneth Spear, as taught to him by Bea Greenberg, fellow NY folk dance teacher.

Suggested record: WINCHESTER CATHEDRAL Fontana F 1562 - 45 rpm. Available at \$ 1.00.

Music: 4/4. Formation: All face fwd, standing anyplace in room.

INTRODUCTION - 4 measures - 16 counts.

DANCE PATTERN

Meas	Count	Pattern
		SKATE STEP: Skate step is similar to side schottische step. Skate step <u>left</u> is: Count 1-Step on L to left. Count 2-Step on R behind L. Count 3-Step on L to left. Count 4-Clap hands in front of face, lift R ft in front of left. Skate step has more glide, and more body movement than schottische step.
1-4	1-16	Four skate steps, starting with skate step L. Then do skate step R, L, and R.
5-6	17-24	Full left turn, with four slow steps (strutting or heel scuff steps) 8 counts.
7	25-26	Chug step fwd. Jump fwd on both feet, bending knees.
	27-28	Chug back. Jump back on both feet. Hands follow body action.
8	29-32	Four swivel steps. Bend knees and twist knees and body left, right, left, right.

When doing the left turn (counts 17-24) the turn can be a 3/4 turn, so that like in the dance Alley Cat, the repetition of the dance will have the dancers facing a quarter turn to the right of the original position.

--- Every three times through the dance, to fit this melody, do 8 swivel steps. The vocal and melody line would be "start in ringing your bell".

Dance is a definite hit with the younger set. Simple enough for parties. Dancers can just follow along, without really being told what to do.

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Price \$ 1.00. Add 25¢ postage please.