

ANTIGONISH SQUARE - Apex AL 1620 Band 1, side 1

Bow to partners and corners

Figure: Head two ladies chain to the right (halfway) turn the girls around
Same lead ladies chain across the square (halfway)
Allemande left your corners
Come back and do si do
Then all four men star by the left around the ring you go
Meet your partner (original partner) swing her round and round
Take her with you, promenade once around

REPEAT FIGURE THREE MORE TIMES

All swing partners. Promenade partners once around.

REEL SALLE ST. ANDRE - MH 1510

Head two couples promenade halfway round the ring (outside)
Go to the right, right and left through
With the couple you find there
All four ladies grand chain halfway cross the square
All join hands and circle left
Swing your corner lady and promenade her home.

Chorus: Anything you like for 32 measures of music
Repeat figure once more for heads
Repeat figure twice more for sides

Any ending you wish