

ALUNELUL de la Cerna
(Romania)

Alunelul is a dance from south-central Romania. Its title means "Little Hazelnut." Many dances from this area of Romania are characterized by rapid, light footwork and small stamps. This particular version comes from the village of Cerna in the region of Dobrogea.

Formation: Lines or Broken Circle

Position: Hands held down in V formation

Styling: Steps are small and precise. As music increases in tempo, steps may become smaller.

MUSIC 2/4

PATTERN

Measures

Introduction: 8 counts

Start by swing arms forward and then swinging arms through first section.

- 1-2 Moving Diagonally forward in LOD Step R (ct1), L (ct2),
Shifting quarter turn, back up in LOD Step back R(ct3), bck L (ct&), bck R(ct4)
- 3-4 Repeat measures 1-2 using opposite footwork travelling RLOD
- 5-6 Repeat measures 1-2
- 7 Facing center step side L (ct1) swinging arms forward, Step R next to L (ct2)
- 8 Step side L (ct1), Romanian Low Hop on L while swing R leg in front.
- 9 Step R in front of L (ct1), Step L in place (ct&), Step R next to L (ct2), Step L in front of R (ct&)
- 10 Step R in place (ct1), Step L next to R (ct&), Step side R (ct2), Stamp L next to R (ct&)
- 11 Step side L (ct1), Stamp R next to L (ct&), Step side R (ct2), Stamp L next to R (ct&)
- 12 Moving diag bckwrđ to L, Step L (ct1), click R to L taking weight and replacing the foot causing the L foot to shoot out. (ct&), Repeat
- 13 Repeat first part of 12 one more time then step L and pause.

Repeat dance from the beginning.

Note the use of 13 bars of music means the dance does not line up with the phrasing of the music.