

Alunelul (Romanian Circle Folk Dance)

Formation: Circle of no partners, all hands either on the shoulder or joined low.

Part 1: All move sideways to Right 5 steps like this: Start on right foot to the right . . . bring left foot in back of right . . . Step to side on right . . . bring left foot in back of right . . . step on right to side.

Now stamp left foot twice using heel. Repeat the 5 steps to the left in the same manner, starting on the left foot. This time stamp heel. Repeat part 1.

Part 2: Take 3 steps sideways to the right (RLR with left going in back of R). Stamp L heel once, repeat the 3 steps sideways to the left starting on L and stamp R heel once. Repeat part 2 again.

Part 3: In place do the following:  
Step on R ft. stamp L once  
Step on L ft, stamp R once  
Step on R ft. stamp twice on L ft  
Step on L ft. stamp R once  
Step on R ft. stamp L once  
Step on L ft. stamp twice on R ft.  
Repeat all of Part 3 again.

As the dance progresses make the step more lively almost as a leaping and running

Bosarka (Serbian line dance)

Formation: Short lines of dancers using belt hold, R arm under, L arm over.

Background notes - this member of the "cacak" family of dances comes from East Serbia. It is also known as Basara.

- Meas. 1 Step R with R ft (ct 1); step L ft across in front (ct 2).  
2 Same as meas. 1.  
3 Moving diagonally fwd/R (northeast), step lightly RLR (cts 1 and 2).  
4 Step diagonally back/L (southwest) with Lft (ct 1), hop on Lft, swinging R ft slightly across (ct 2).  
5 Step diagonally fwd/R (northeast) with R ft, at same time bringing R shoulder a bit forward (ct 1); slight hop on R ft - do not bring L ft up to R ft (ct 2).  
6 Two steps straight back from center (south), LR (cts 1, 2)  
7 Three light steps in place, LRL (cts 1 and 2).  
8-10 Same as 5-7.

Note: During measures 5-10 dancers move gradually to the right.