

ALEXANDROVSKA
(Russian)



This is a slow ballroom dance named in honor of a Czar named Alexander.

FORMATION: Couples are arranged in a double circle, facing each other with inside hands joined at shoulder level and free hands on hips. Dancers move counter-clockwise.

Figure 1. 1. Both step on outside foot, and draw inside foot up to it, putting weight on inside foot. Repeat. (Two measures)

2. Turn away from each other, to girl's right and boy's left, still holding inside hands, partners are now standing back to back, and join free hands, shoulder high. Arms are extended. Repeat the above draw steps, this time starting with girl's left, and boy's right. (Two measures.)

3. Partners turn to face each other, join boy's left and girl's right, and repeat all of the above in the opposite direction, moving clockwise. (Four measures) Then repeat 1 and 2.

Figure 2. 1. Starting in the same position as for figure one, partners do the same draw step to the side, except that on the second measure (or second draw step to boy's left) the girl turns completely around clockwise under the boy's right arm. The boy does the draw step as before. (Two measures)

2. Repeat the above step again to the boy's left. (Two measures)

3. All of this is repeated to boy's right, partners starting with boy's right and girl's left foot. This time the girl turns under the boy's arm counter-clockwise. (Four measures.)

Figure 3. 1. Hands are joined in skating position, and both face counter-clockwise. Take one waltz step forward, starting on the outside foot, then repeat, starting on inside foot. (Two measures.) On the second waltz step, partners turn towards each other so they are both facing clockwise. In this position they do two more waltz steps, starting on the boy's right and girl's left. (Two measures.)

2. Repeat the same waltz steps as above. (Four measures.)

3. Repeat 1 and 2.

Figure 4. 1. Partners are in regular social dance position. Both do draw step as in Figure 1, taking two to the boy's left, and two to his right. (Four measures.)

2. Take four regular waltz steps, turning, and at the same time moving counter-clockwise around the circle.

3. Repeat 1 and 2 three more times.