

ALEXANDROVSKA

(Alexander's Waltz) (Russian Ballroom Dance)

Record: Folk. 1107

STARTING POSITION: Partners facing, both arms extended sideward, inside hands joined, outside foot free.

I

One step-draw step starting with outside foot progressing to M's left. Step on outside foot and swing inside hands forward, pivoting on outside foot to finish back to back with partner.

Two step-draw steps starting with inside foot, pausing on last count. Finish with outside foot free.

Repeat Entire Pattern progressing in opposite direction, swinging joined inside hands backward and pivoting on outside foot to finish face to face with partner.

REPEAT ALL.

II

Partners facing, both arms extended sideward with hands joined.

MAN: Four step-draw steps sideward left.

Pause and keep right foot free on last count.

WOMAN: One Step-draw step sideward right, two waltz steps making one right turn under M's left and W's right arm, one step-draw step sideward right, pausing on last count and keeping left foot free.

REPEAT in opposite direction, woman turning once to left under M's right and W's left arm with two waltz steps.

REPEAT ALL.

III

Skater's position, hands crossed in front; outside foot free.

One Waltz Step Forward starting with outside foot.

One Waltz Step turning toward partner making one-half turn to face opposite direction.

Two Waltz Steps Backwards.

REPEAT ENTIRE PATTERN starting with inside foot.

REPEAT ALL.

IV

Ballroom dance position.

Two Step-Draw steps progressing to M's left.

Two Step-Draw steps progressing to M's right.

Four Waltz Steps Turning clockwise with partner progressing counter-clockwise.

REPEAT ALL